

EXTERNAL FULL PORTFOLIO (EFP) QUALIFICATIONS, TRAINING AND EDUCATION FORM

Applicant Number is your Date of Birth:
 (Do not add your name as this will be assessed anonymously)

- **Please do NOT send original certificates.**
- Please provide **COPIES OF FORMAL QUALIFICATIONS IN NUTRITIONAL THERAPY** or subjects which relate to part of the NOS. (These must only be included in Wallet 1)
- Providing us with certificates which may be relevant to **Nutritional Therapy Practice** will help us assess your application.
- Please list your **QUALIFICATIONS IN NUTRITIONAL THERAPY** below in chronological order, with details of course content, including any clinical practice. Additional pages can be added
- Please use the **CPD LOG** to list your record of ongoing and regular CPD with attendance certificates for the last five years.

QUALIFICATIONS and/or TRAINING COURSES

Qualification	
Period of Course with dates	
Training Provider Name Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

Qualification	
Period of Course with dates	
Training Provider Name Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

Qualification	
Period of Course with dates	
Training Provider Name Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

Qualification	
Period of Course with dates	
Training Provider Name	
Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

Qualification	
Period of Course with dates	
Training Provider Name	
Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

Qualification	
Period of Course with dates	
Training Provider Name	
Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

Qualification	
Period of Course with dates	
Training Provider Name	
Training Provider Address, Contact Details, email and website	
Details of Course Content	
Reason for attending	
Clinical Practice Training	
COPY of Certificate Enclosed in Wallet 1	YES / NO

CONTINUING PROFESSIONAL DEVELOPMENT ACTIVITIES

- The CPD activities that you list must be **NUTRITIONAL THERAPY RELATED ONLY** over the **LAST FIVE YEARS**
- The CPD list should not take up more than three pages.
- If you have completed a lot of CPD hours, then just list what you can on three pages.
- This log should include **CPD events** and **Self Directed Learning** you have undertaken throughout the year.
- You should state the CPD hours (hrs), days (days) or weeks (wks) of attendance.
- See some examples of how to use the log are entered in the table in **red** below.
- Other Examples your log might include:
 - Recent nutritional reading with source of material:
e.g. **Blood Chemistry and CBS Analysis by Dicken Weatherby**
 - Regular Journals/News/Updates:
e.g. **CAM, The Nutrition Practitioner, Functional Medicine Update**
 - E-news:
e.g. **Personalised Metabolic Typing**
 - Web addresses:
e.g. www.functionalmedicine.org

DATE	LECTURE/SEMINAR/ACTIVITY – TRAINING PROVIDER WHERE APPROPRIATE - BRIEF COMMENT ON COURSE AND REASON FOR PARTICIPATION	HOURS or DAYS or WEEKS	CERTIFICATE
20/04/07	Principles and methods in Clinical Audit. October 2005: To enable the practitioner to understand the issues involved and carry out a simple Audit. (I found this topic of interest and as it was not covered at any point in my training, subsequently arranged a session with Judith Worthington, Professor of Nursing at University of Luton to develop my skills in this area).	7hrs	Yes for session but not further study
15/07/06	Applying Nutrigenomics in Clinical Practice to Reshape Your Patients Health by Dr Jeffery Bland: A review of nutrigenomics, syndrome X, inflammation and obesity.	7hrs	Yes